Love One Another

Scripture-led habits for a Christian home

LOVE

John 13:34; Romans 12:10

Choose actions that communicate care, even when the day is difficult.

SERVE

Galatians 5:13; 1 Peter 4:10

Look for one small way to help someone without being asked.

ENCOURAGE

1 Thessalonians 5:11; Hebrews 10:24-25

Notice effort, speak hope and point one another toward what is good.

FORGIVE

Ephesians 4:32; Colossians 3:13

Confess wrongs, ask forgiveness and release grudges.

BE PATIENT

Ephesians 4:2; Colossians 3:12-13

Respond slowly; make room for growth and immaturity.

PRAY

James 5:16; Ephesians 6:18

Pray with and for one another regularly.

Make Homework Meaningful

A practical rhythm for reading, reflection and conversation

1

READ

Read the passage in context. Ask what it teaches about God and us.

2

REFLECT

Identify one conviction, encouragement or question from the lesson.

3

DISCUSS

Talk together where possible. Listen before trying to correct.

4

PRACTISE

Choose one realistic action to try during the week.

5

REVIEW

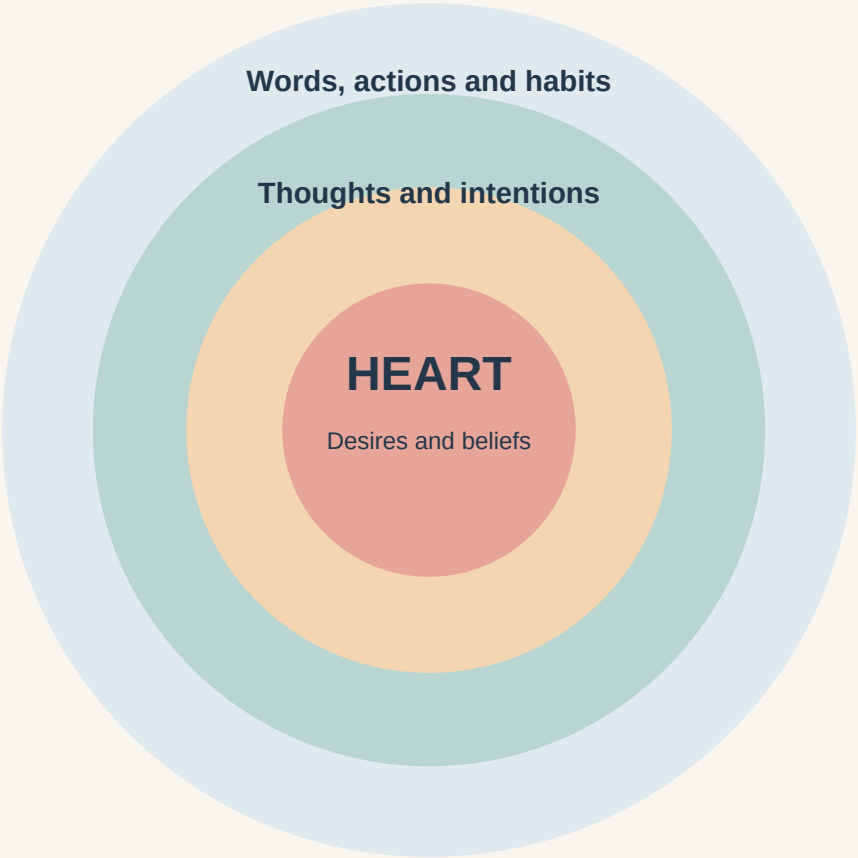
Return to it. What changed? What needs prayer and further growth?

THIS WEEK

My one action: _____

The Heart and Behaviour

Look beneath the action: desires, choices and outward responses



ASK BEFORE YOU CORRECT

What happened? What did my child want or fear? What truth from Scripture can help? How can I correct with love and teach a better response?

Study: Proverbs 4:23; Luke 6:45; James 4:1-3

Growing in Responsibility

Parenting changes as children mature: instruction remains essential

EARLY YEARS

Clear boundaries | Frequent guidance

Practise simple choices

CHILDHOOD

Explain reasons | Build habits

Increase responsibility

TEEN YEARS

Coach discernment | Discuss consequences

Give measured freedom

ADULTHOOD

Offer wise counsel | Respect agency

Maintain relationship

Not a fixed age formula: children develop differently. Adjust boundaries and freedoms to maturity, safety and character.

Parent Reflection Worksheet

Use with any lesson: priorities, goals, challenges or roles

What Scripture stood out to me?

What did this lesson reveal about my own heart?

What does my child need from me this week?

What practical change will I make?

Who can pray with me or encourage me?

Family Conversation Card

A gentle weekly check-in: listen, learn and pray

NOTICE

What went well in our family this week?

LISTEN

Was anything hard or upsetting?

OWN IT

Is there anything we need to apologise for?

GROW

What can we practise together next week?

PRAY

What can we thank God for and ask Him to help us with?